

**Immune Tolerance:
Eradication of allo-antibodies:
international data.**

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ITI: The main practical questions.

- Can we predict success?
- When should we start?
- What product should we use for ITI?
- How do we define success?
- When should we stop?
- Is it cost effective?

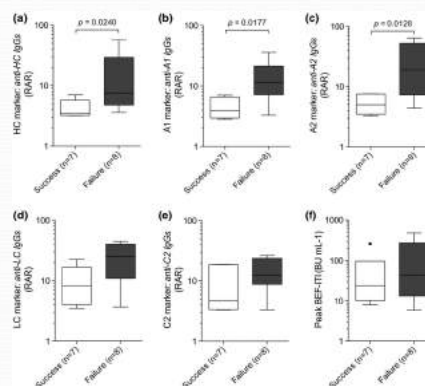
Proposed Predictors of Success

- Inhibitor titre: Peak historical <200 BU, starting titre <10 and peak on ITI^{1,2,3}.
- Anti-A₂, Anti-A₁, Anti-HC⁴ (RAR).
- Low-risk FVIII Genotype⁵
- Age at start of ITI^{1,6}.
- Interval ≤5 years from inhibitor diagnosis to ITI^{1,2}.
- Bleed-rate on ITI⁷?
- Product type?

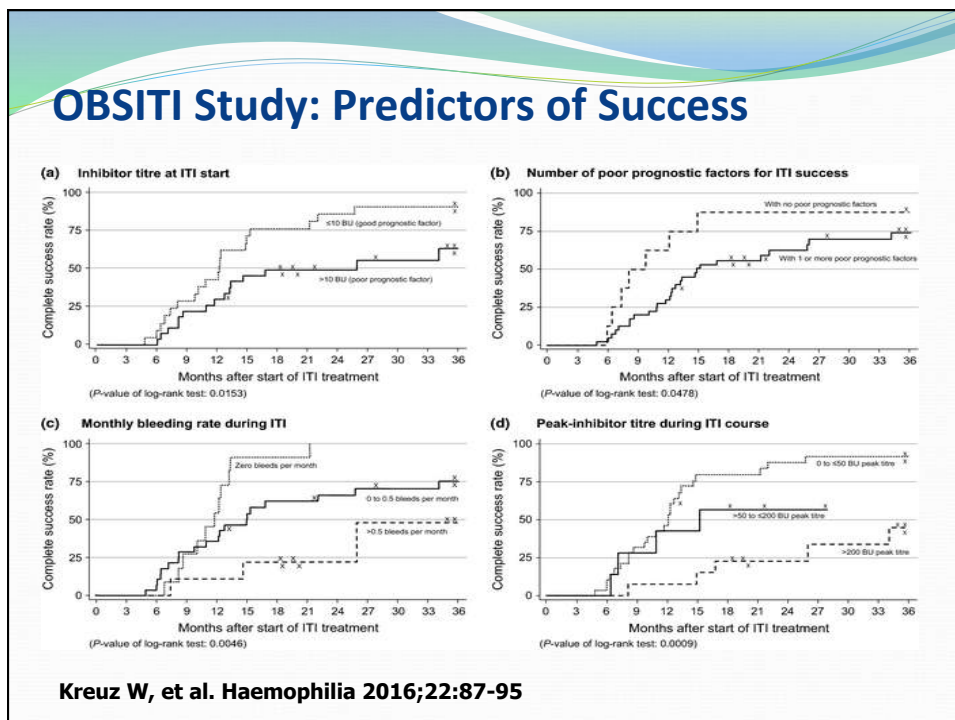
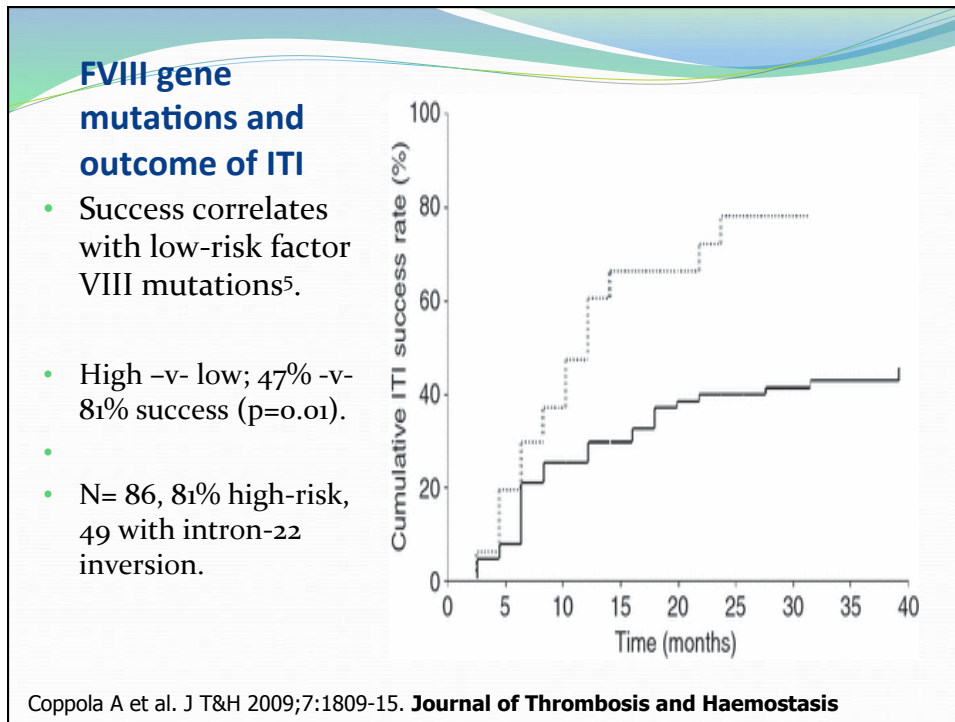
1.)Mariani G and Kroner B. Haematologica 2001;86:1186-93. 2.) Dimichele DM and Kroner B. Thromb. Haemost. 2002; 87:52-7. Hay C and Dimichele DM. Blood 2012; 119:1335-44. 4.) Lapalud P et al. J T&H 2015;13:540-47. 5.) Coppola A et al. J T&H 2009;7:1809-15. 6.) Mauser-Bunshotten EP, Blood 1995;86:983-88. 7) Kreuz W, et al. Haemophilia 2016;22:87-95

Anti-A2 and anti-A1 domain antibodies as predictors of ITI outcome

- Success correlates with: - Relative Antigenic Reactivity
 - Anti-Heavy Chain (p=0.024)
 - and Anti-A₂ (p=0.0128)
 - and Anti-A₁ (p=0.0177)
 - But not anti-light-chain or anti-C₂
- N=18



Lapalud P et al. J T&H 2015;13:540-47 **Journal of Thrombosis and Haemostasis**



When to start? William James' View:

“To change one's life:
Start immediately.
Do it flamboyantly.
No exceptions.”

-William James

1842-1910 Physician, Psychologist
and Philosopher.



Should ITI be deferred until <10 BU?

- **Pros:** -
 - Starting titre ≤ 10 BU predicts success ($p < 0.001^{1,2}$)
 - ITI outcome unaffected by wait of ≤ 5 years (NAITR)^{1,2}.
 - Uniformly good results when ITI is deferred until inhibitor ≤ 10 BU^{3,4,5}.
 - Median 6 months to decline to <10 BU in the IITI study⁶.
- **Cons:** -
 - Starting when titre <10 may not be the same as *waiting* for it to decline.
 - May suffer joint damage whilst waiting to start.
 - Treatment during this interval may be very costly, especially prophylaxis.
 - Physician-need to “*get on with it!*”

1.) Mariani G and Kroner B. *Haematologica* 2001 (86): 1186; 3.) DiMichele DM et al. *Thromb Haemost* 2002 (87): 52. 3) Smith et al, *T&H* 1999;81:35-38. 4.) Rocino et al, *Vox Sang* 1999;77:65-69. 5.) Mauser-Bunshott et al. *Blood* 1995;86:983-88. 6.) Hay and DiMichele, *Blood* 2012; 119:1335-44.

ITI deferred until <10 BU: Outcome.

<u>Author</u>	<u>n</u>	<u>Dose</u>	<u>Success</u>
Mauser-Bunschotten ¹	27	Low**	83%
Smith et al ²	11	Interm.*	100%
Rocino et al ³	22	Int/High***	82%

* Intermediate-purity pdFVIII

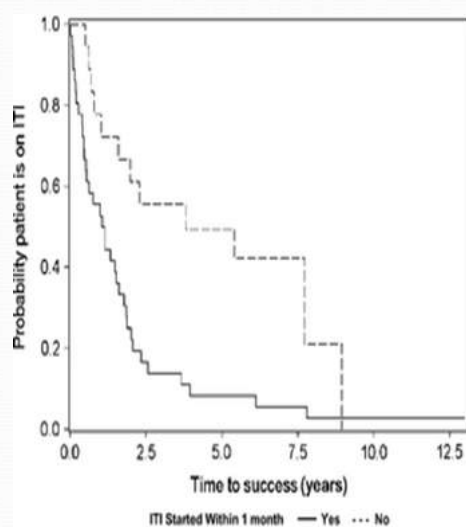
** High-purity pdFVIII/rFVIII.

*** Solely rFVIII. Proportion of poor-risk patients.

1.) Mauser-Bunschotten et al. *Blood* 1995;86:983-88. 2.) Smith et al, *T&H* 1999;81:35-38.
3.) Rocino et al, *Haematologia* 2006;91(4) 558-61

Early versus late start of ITI.

- Observational retrospective study.
- 32/39 high responders successful and 7/39 failed.
- 23/39 started <1 mth after inhibitor detection
 - No correlation with starting titre.
- 11/39 started >6 mths after inhibitor detection.
 - 64% success.
 - Delayed starters older
 - Are groups comparable?



What product to use for ITI?

Effect of von Willebrand factor on ITI haemophilia A: a systematic review.

ITI by Product-Type.

- 26 studies inc. 1284 pts.
- Pooled meta-analysis of 13 studies.
- Pooled proportion of success:
- VWF+ve: -
 - RR 0.70 (95% CI 0.52-0.89)
- VWF -ve: -
 - RR 0.84 (95% CI 0.75-0.93)
- Mixed: -
 - RR 0.74 (95% CI 0.65-0.84)

Proportion of success (95% CI) of studies by FVIII product.

Study No.	Product Type	Proportion Success (approx.)	95% CI (approx.)
1	VWF+	0.40	0.25-0.55
2	VWF+	0.45	0.30-0.60
3	VWF+	0.50	0.35-0.65
4	VWF+	0.55	0.40-0.70
5	VWF+	0.60	0.45-0.75
6	VWF-	0.65	0.50-0.80
7	VWF-	0.70	0.55-0.85
8	VWF-	0.75	0.60-0.90
9	VWF-	0.80	0.65-0.95
10	Mixed	0.40	0.25-0.55
11	Mixed	0.45	0.30-0.60
12	Mixed	0.50	0.35-0.65
13	Mixed	0.55	0.40-0.70
14	Mixed	0.60	0.45-0.75
15	Mixed	0.65	0.50-0.80

Van Velzen AS, Peters M, van der Bom J, Fijnvandraat K. British Journal of Haematology 2014;166:485-495

How should we define success?

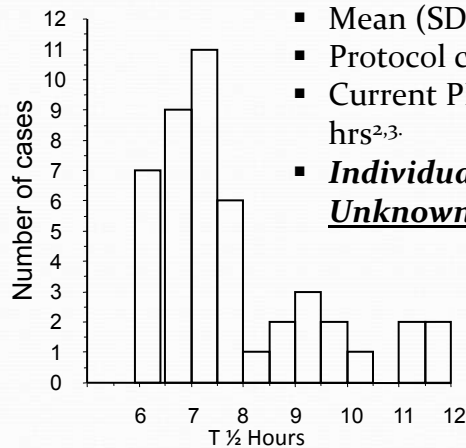
Agreed Definitions: Success, Failure and Partial Success.

As agreed at the ISTH VIII and IX SSC, Toronto June 2015: -

- **Success: Restoration of normal PK.**
 - Recovery >66% and $\frac{1}{2}$ -life ≥ 7 hrs^{1,2}.
 - Or measurable FVIII trough 48 Hrs after 50 IU/kg⁴.
- **Partial response:**
 - Stable clinical response to factor VIII, without an anamnestic rise in inhibitor with abnormal PK^{1,4}.
- **Failure:**
 - Failure to achieve tolerance or partial response, with no specified time-limit.

1.) Hay and DiMichele, *Blood* 2012; 119:1335-44; 2.) Blanchette et al *J T&H* 2008, 6; 1319-26; 3.) Bjorkman et al *Blood* 2012; 119: 612-8; 4.) Collins et al, *UKHCDO Inhibitor Guidelines BJ Hamatol* 2013;160:153-70.

Distribution of factor VIII half-life at the time of tolerance (IITI Study).

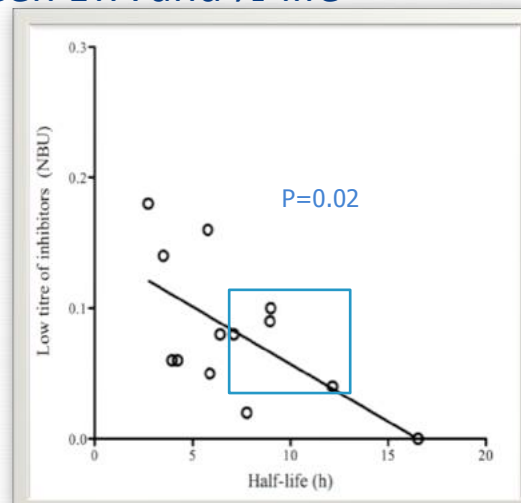


- Mean (SD) = 7.81(1.54), n=46.
- Protocol consensus min. 6 hrs¹.
- Current PK data suggest min. 7 hrs^{2,3}.
- ***Individual patient norm: Unknown.***

1.) Hay and DiMichele, *Blood* 2012; 119:1335-44; 2.) Blanchette et al *J T&H* 2008, 6; 1319-26; 3.) Bjorkman et al *Blood* 2012; 119: 612-8

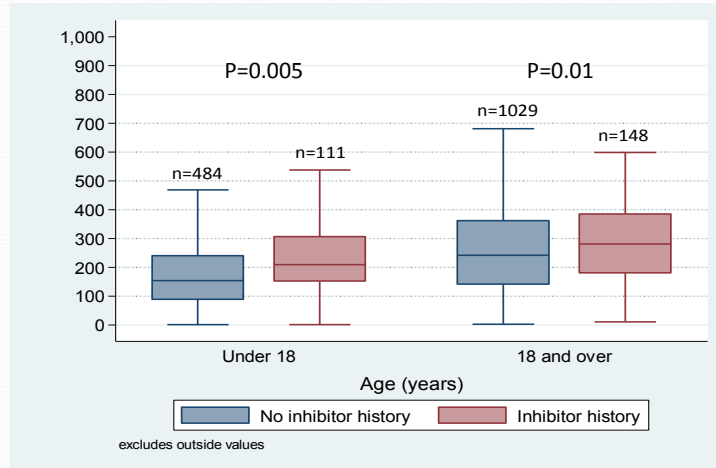
Correlation between LTA and 1/2-life

- The lower limit of detection of LTA is 0.04 BU/ml.
- The lower limit of normal for 1/2-life in children is 7 hrs
- 4/13 subjects, with a 1/2-life ≥ 7 hrs have an LTA >0.04 BU.
- Likely they have not “normalised” their half-life to their personal norm and have low-level inhibitors.



Dardikh M, et al. Low titre inhibitors undetectable by the Nijmegen assay reduce factor VIII 1/2-life after ITI. *J T&H* 2012; 10(4): 706-8.

Factor VIII usage (IU/yr.) remains high in “tolerised” children.



Hay et al. 2015 UKHCDO Annual Report © UKHCDO 2015

When to stop?

When to stop ITI? Plato's view:

**NEVER DISCOURAGE ANYONE WHO
CONTINUALLY MAKES PROGRESS,
NO MATTER HOW SLOW.**

~ PLATO



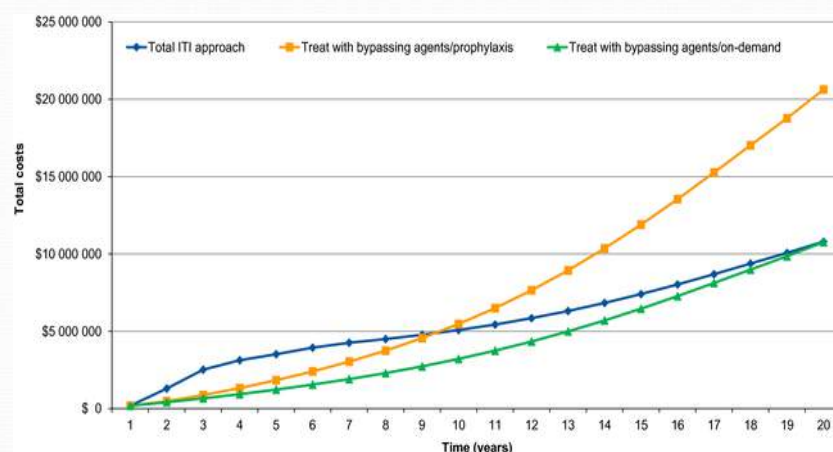
Is ITI cost-effective?



Does ITI save money and morbidity? A Decision-Analytical Model.

- Lifetime estimate of cost, morbidity and life expectancy
 - ITI –v- treatment on demand –v- bypass prophylaxis.
 - Assuming: -
 - ITI dose: 200 IU/kg. + Novoseven 180 ug/kg/day prior to start.
 - Novoseven prophylaxis for 2 yrs before ITI.
 - Novoseven dose from Fenoc study (109 ug/kg 2hrly).
 - Feiba Prophylaxis 85 u/kg thrice weekly (Leisinger NEJM 2011).
- All costs were extremely high, because of the worst-case assumptions made and unit cost estimate.

Cost analysis of ITI –v- Bypass prophylaxis –v- on-demand.



Earnshaw SR. et al. Haemophilia 2015, 21(3);310-319.

