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## TARGETING THE BURDEN OF POLYPHARMACY IN THE ELDERLY

ORAL COMMUNICATIONS

**POLYPHARMACY IN VERY ELDERLY CHRONIC MYELOID LEUKEMIA  
PATIENTS TREATED WITH TYROSINE KINASE INHIBITORS**

***Cristina Bucelli***

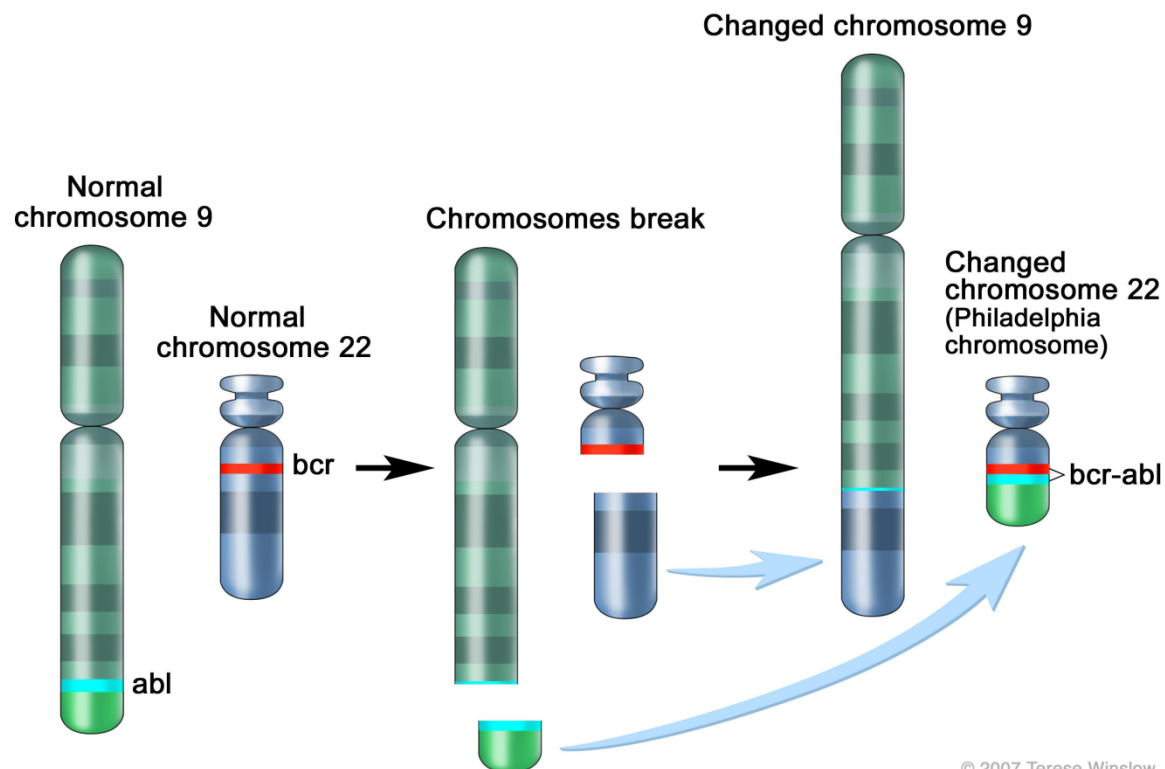
*Oncohematology Division, IRCCS Ca' Granda Maggiore Policlinico Hospital Foundation Milan, Italy*

# CHRONIC MYELOID LEUKEMIA

Disease of hematopoietic stem cells characterized by the presence of the Philadelphia Chromosome with formation of *BCR-ABL* fusion gene

Incidence from 0,6 to 2 per 100.000 inhabitants

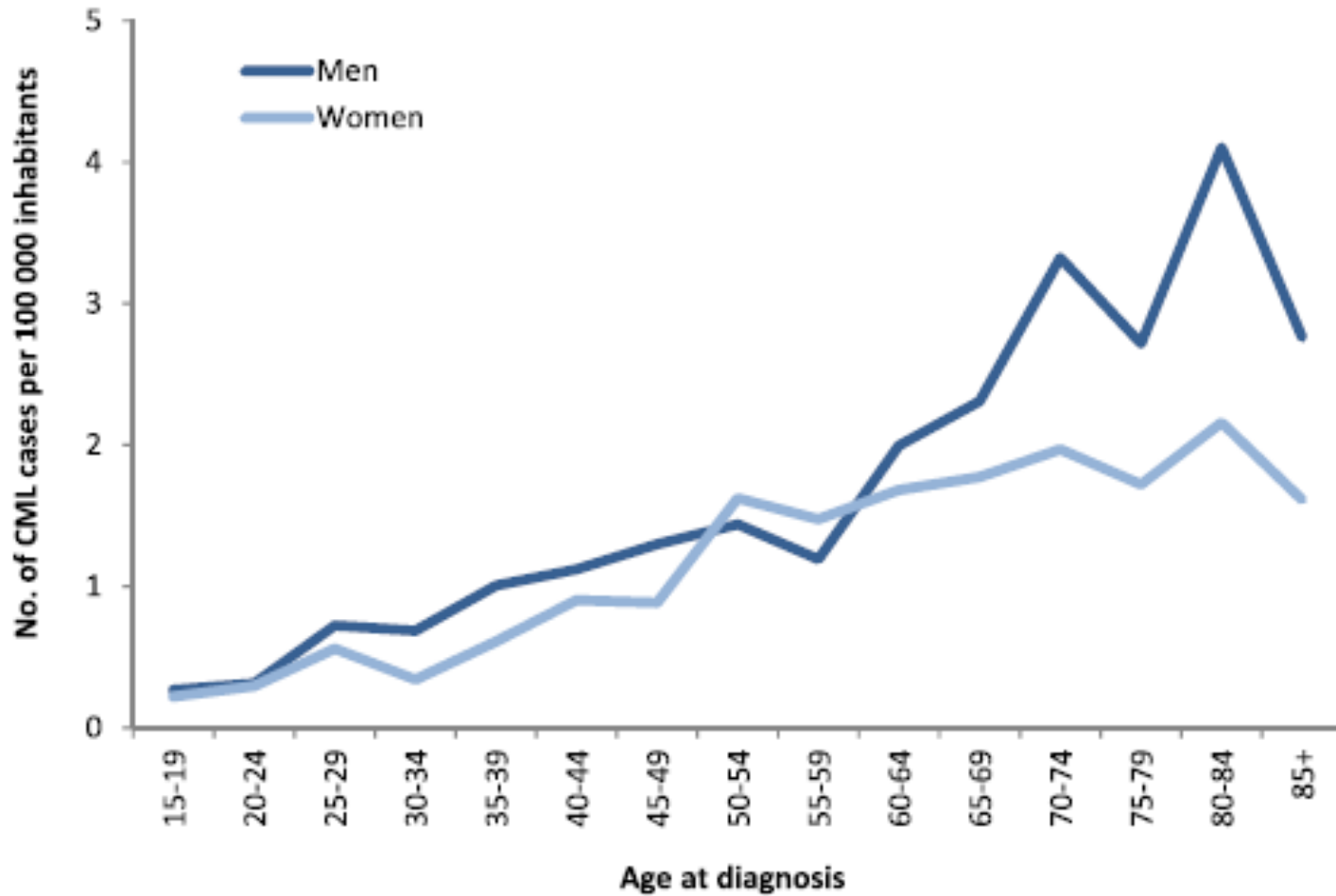
Median age at diagnosis between 60 and 65 year



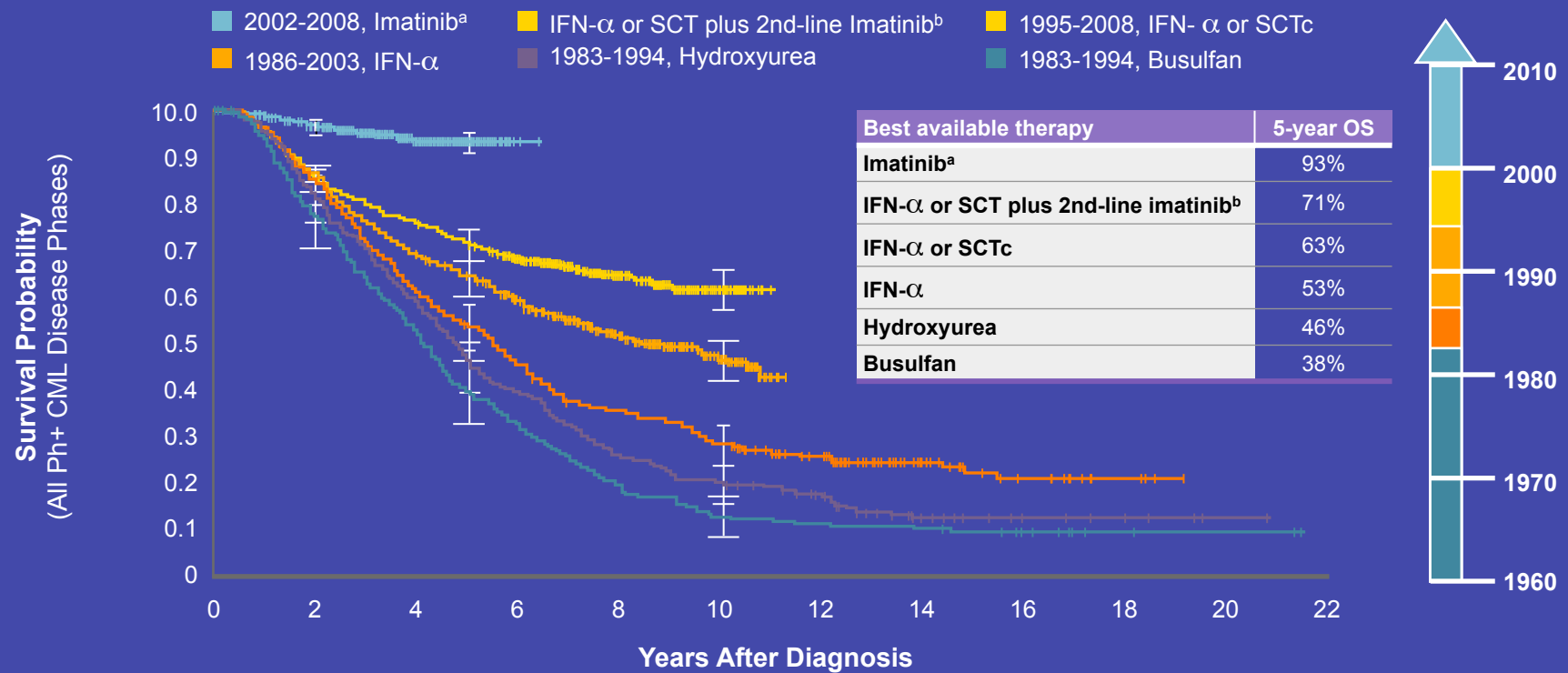
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TKIs have significantly improved survival of CML patients

# Incidence of CML increases with age



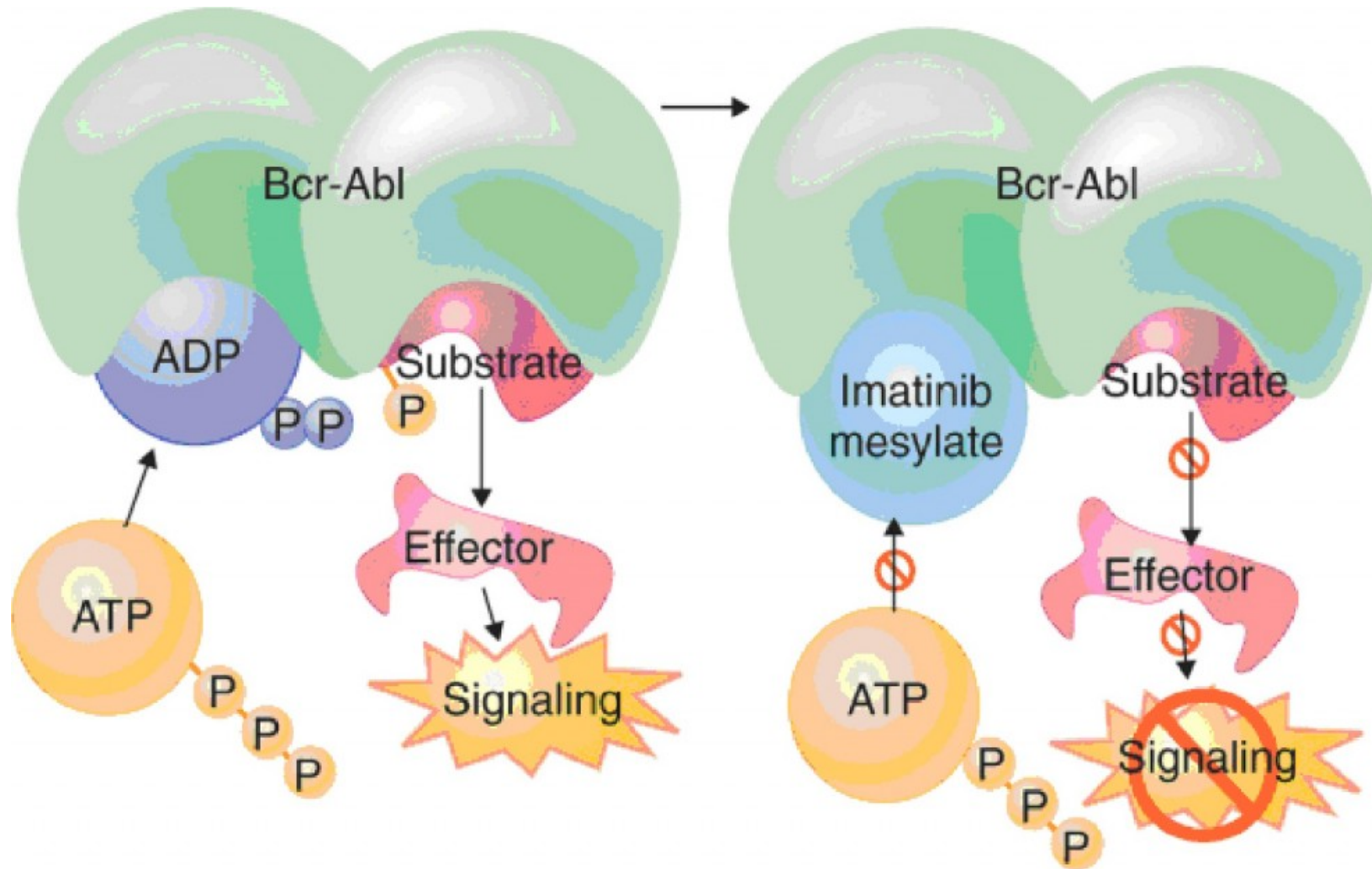
# IMATINIB: IMPACT ON OUTCOME



<sup>a</sup>CML IV; <sup>b</sup>CML IIIA; <sup>c</sup>CML III.

IFN- $\alpha$ , interferon-alpha; OS, overall survival; SCT, stem cell transplant.

# Imatinib: how it works



*e-Blood*

## Drug interactions with the tyrosine kinase inhibitors imatinib, dasatinib, and nilotinib

Amina Haouala,<sup>1</sup> Nicolas Widmer,<sup>1</sup> Michel A. Duchosal,<sup>2</sup> Michael Montemurro,<sup>3</sup> Thierry Buclin,<sup>1</sup> and Laurent A. Decosterd<sup>1</sup>

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Imatinib is metabolized mainly by CYP isoenzyme 3A4

Interactions should be considered when administering inhibitors of the CYP3A family in combination with imatinib

Plasma concentrations of imatinib appear correlated with efficacy and toxicity

## New methodologies and monitoring tools for chronic myeloid leukemia

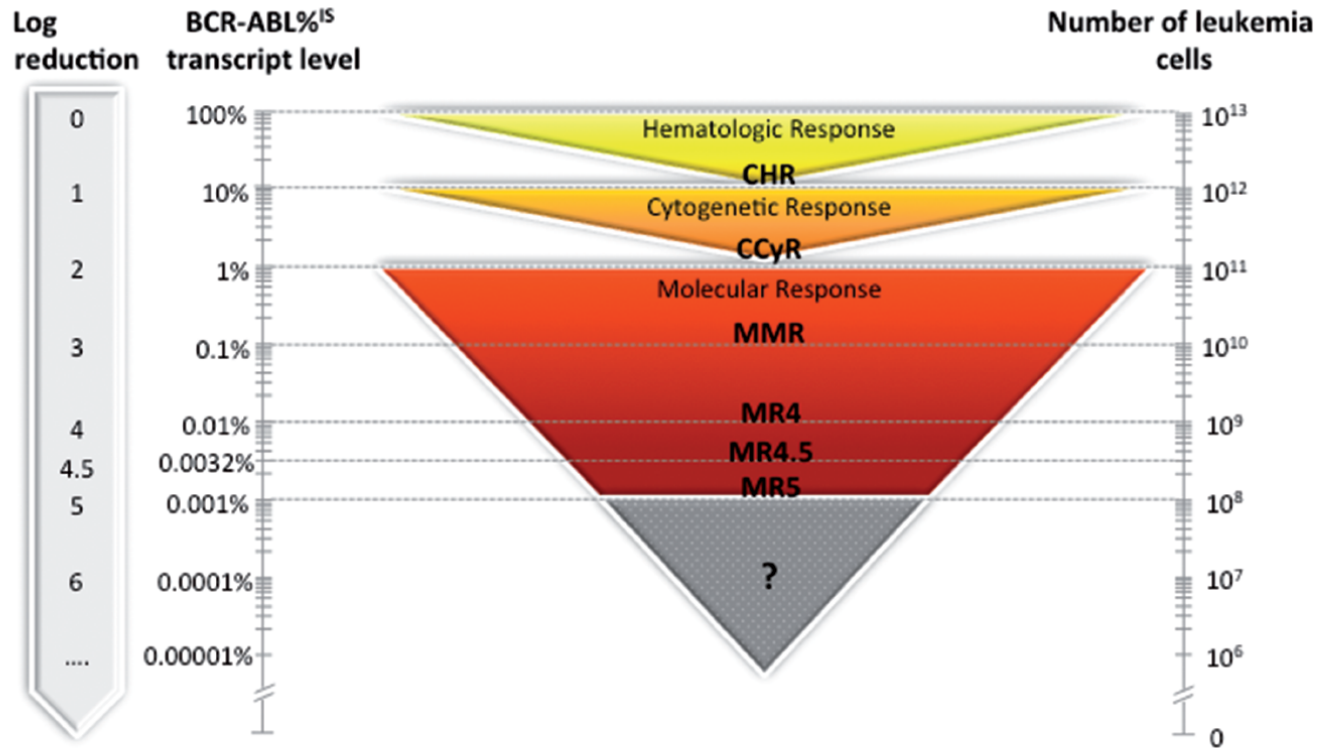


Figure 1. Levels of hematologic, cytogenetic, and molecular response in chronic myeloid leukemia. In gray and the question mark indicate that, below MR5, residual leukemia cells are present but are generally not detectable by RQ-PCR. Novel technologies (such as digital PCR) and/or approaches (such as assessing genomic DNA rather than RNA), however, might extend the dynamic range of MR detection beyond MR5 (BCR-ABL1<0.001%). IS: International Scale; CHR; complete hematologic response; CCyR: complete cytogenetic response; MMR: major molecular response; MR: molecular response with the number indicating log-reduction (4, 4.5 or 5) from the standardized baseline.



# DELAY IN CCyR ACHIEVEMENT INCREASES RISK OF PROGRESSION

Months on treatment	Patients not in CCyR (n)	Eventual outcome in patients not in CCyR at the specified time (%)		
		CCyR	MMR	Event
3	109	75	62	23
6	47	57	43	34
12	26	42	31	38

Event = loss of CHR or MCyR, increasing white blood cell count, progression to accelerated/blast-phase CML, or death

In patients not achieving CCyR at 12 months, probability of achieving CCyR at any time during treatment is about 42%, similar to the rate of loss of response, progression or death (38%)

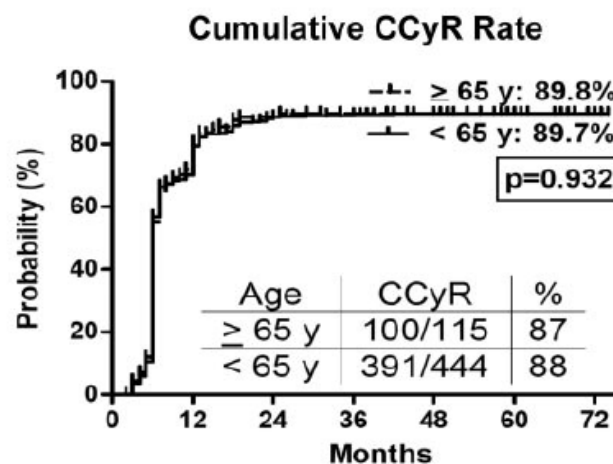
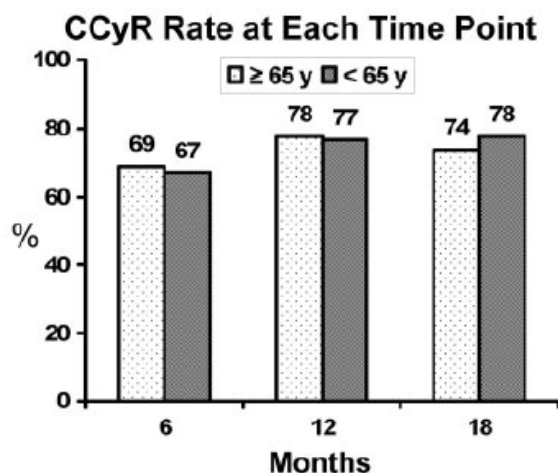
*Adapted from Quintas-Cardama A, et al. Blood 2009*





## Frontline imatinib treatment of chronic myeloid leukemia: no impact of age on outcome, a survey by the GIMEMA CML Working Party

Gabriele Gugliotta, Fausto Castagnetti, Francesca Palandri, Massimo Breccia, Tamara Intermesoli, Adele Capucci, Bruno Martino, Patrizia Pregno, Serena Rupoli, Dario Ferrero, Filippo Gherlinzoni, Enrico Montefusco, Monica Bocchia, Mario Tiribelli, Ivana Pierni, Federica Grifoni, Giulia Marzocchi, Marilina Amabile, Nicoletta Testoni, Giovanni Martinelli, Giuliana Alimena, Fabrizio Pane, Giuseppe Saglio, Michele Baccarani, Gianantonio Rosti and on behalf of the Gruppo Italiano Malattie Ematologiche dell'Adulto CML Working Party



## Long-term safety and efficacy of imatinib mesylate (Gleevec®) in elderly patients with chronic phase chronic myelogenous leukemia: Results of the AFR04 study

Philippe Rousselot,<sup>1,2\*</sup> Pascale Cony-Makhoul,<sup>3</sup> Franck Nicolini,<sup>4</sup> François Xavier Mahon,<sup>5</sup> Christian Berthou,<sup>6</sup> Delphine Réa,<sup>7</sup> Josy Reiffers,<sup>8</sup> Anne Bornand,<sup>9</sup> Olivier Saint-Jean,<sup>10</sup> Joelle Guilhot,<sup>11</sup> and François Guilhot<sup>11</sup>; on behalf of the French Intergroup For Chronic Myelogenous Leukemia (Fi-LMC)



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journal homepage: [www.elsevier.com/locate/ejim](http://www.elsevier.com/locate/ejim)



Original article

### Comorbidities and polypharmacy impact on complete cytogenetic response in chronic myeloid leukaemia elderly patients

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ORIGINAL RESEARCH ARTICLE

### Imatinib in Very Elderly Patients with Chronic Myeloid Leukemia in Chronic Phase: A Retrospective Study

Roberto Latagliata · Dario Ferrero · Alessandra Iurlo · Francesco Cavazzini · Fausto Castagnetti · Elisabetta Abruzzese · Carmen Fava · Massimo Breccia · Mario Annunziata · Fabio Stagno · Mario Tiribelli · Gianni Binotto · Giovanna Mansueto · Antonella Gozzini · Sabina Russo · Laura Cavalli · Enrico Montefusco · Gabriele Gugliotta · Michele Cedrone · Antonella Russo Rossi · Paolo Avanzini · Patrizia Pregno · Endri Mauro · Antonio Spadea · Francesca Celesti · Gianfranco Giglio · Alessandro Isidori · Monica Crugnola · Elisabetta Calistri · Federica Sorà · Stefano Storti · Ada D'Addosio · Giovanna Rege-Cambrin · Luigiana Luciano · Giuliana Alimena

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# POLYPHARMACY IN VERY ELDERLY CHRONIC MYELOID LEUKEMIA PATIENTS TREATED WITH TYROSINE KINASE INHIBITORS

Iurlo A, Latagliata R, Bucelli C, Ferrero D, Castagnetti F, Breccia M, Abruzzese E, Fava C, Annunziata M, Stagno F, Vigneri P, Tiribelli M, Cavazzini F, Binotto G, Mansueto G, Gozzini A, Russo S, Falzetti F, Montefusco E, Gugliotta G, Cattaneo D, Djade CD, Cedrone M, Russo Rossi A, Avanzini P, Pregno P, Endri M, Spadea A, Celesti F, Giglio G, Isidori A, Crugnola M, Calistri E, Sorà F, Sica S, Storti S, D'Addosio A, Rege-Cambrin G, Luciano L, Saglio G, Rosti G, Alimena G, Nobili A, Mannucci PM, Cortelezzi A

Retrospective analysis of 202 patients from 33 Italian Institutions

Patients aged  $\geq 75$  years in chronic phase CML treated with imatinib frontline

Endpoint: evaluation of impact of concomitant drugs on outcome (CCyR) and toxicity

## Baseline clinical features

<u>Clinical parameters</u>	<u>Patients (n. 202)</u>
Male, n (%)	109 (54)
Age at diagnosis (year), median (range)	77.6 (65-93)
<u>Sokal score, n (%)</u>	
Low	3 (1.5)
Intermediate	120 (59.3)
High	60 (29.7)
Not available	19 (9.5)
Age at <u>imatinib start</u> (year), median (range)	78.7 (73-93)
<u>Imatinib dosage, n(%)</u>	
< 400 mg die	64 (31.7)
400 mg die	134 (66.3)
> 400 mg die	4 (2)
<u>CCI, n (%)</u>	
0	86 (42.6)
1	50 (24.7)
2	37 (18.3)
>3	29 (14.4)
<u>Concomitant drugs, n (%)</u>	
0	29 (14.4)
1-2	76 (37.6)
3-4	56 (27.7)
<u>≥</u> 5	41 (20.3)

# Results I

<u>Variables</u>		<u>CYTOGENETIC RESPONSE</u>			
		<u>CCyR (=2) ≤12 MESI</u> 33 (%)	<u>CCyR (=2) &gt;12 MESI</u> 85 (%)	<u>No CCyR (=0)</u> 33 (%)	<u>P value</u>
CCI	0	15 (45.5)	41 (48.3)	13 (39.4)	0.2506
	1	9 (27.3)	22 (25.9)	7 (21.2)	
	2	5 (15.1)	10 (11.8)	11 (33.3)	
	≥3	4 (12.1)	12 (14.1)	2 (6.1)	
N. of drugs	0	4 (12.1)	13 (15.3)	6 (18.2)	0.7641
	1 - 2	24 (72.7)	52 (61.2)	21 (63.6)	
	3 - 4	5 (15.2)	20 (23.5)	6 (18.2)	
	≥5	0	0	0	
Antihypertensive drugs	0=NO	8 (24.2)	28 (32.9)	8 (24.2)	0.5026
	1=SI	25 (75.8)	57 (67.9)	25 (75.8)	
Drugs					
ACE-INHIBITORS		9 (39.1)	17 (29.9)	10 (30.3)	0.4395
ATII RECEPTOR BLOCKERS		3 (13.0)	20 (35.1)	3 (9.1)	0.0562
DIURETICS		13 (56.5)	28 (49.1)	15 (45.5)	0.4324
CALCIUM CHANNEL BLOCKERS		5 (21.7)	13 (22.8)	4 (12.1)	0.8997
BETA-BLOCKERS		2 (8.7)	22 (38.6)	4 (12.1)	0.0171
ALFA-BLOCKERS		2 (8.7)	1 (1.8)	1 (3.0)	0.3651
<u>PPIs</u>	2=NO	24 (72.7)	49 (58.3)	20 (60.6)	0.3345
	1=SI	9 (27.2)	35 (41.7)	13 (39.4)	
IMATINIB DOSE	< 400	8 (24.2)	21 (24.7)	10 (30.3)	0.8051
	≥400	25 (75.7)	64 (75.3)	23 (69.7)	

# Results II

<u>Variables</u>		<u>HEMATOLOGIC Toxicity</u>		<u>P value</u>	<u>EXTRA-HEMATOLOGIC Toxicity</u>		<u>P value</u>
		<u>severe, 40 (%)</u>	<u>mild, 171 (%)</u>		<u>severe, 41 (%)</u>	<u>mild, 170 (%)</u>	
CCI	0	19 (47.5)	72 (42.1)	0.5835	13 (31.7)	78 (45.9)	0.2377
	1	11 (27.5)	42 (24.6)		15 (36.6)	38 (22.4)	
	2	7 (17.5)	31 (18.1)		8 (19.5)	30 (17.7)	
	≥3	3 (7.5)	26 (15.2)		5 (12.2)	24 (14.1)	
N. of drugs	0	9 (22.5)	20 (11.7)	0.0638	7 (17.0)	22 (12.9)	0.1247
	1 – 2	26 (65.0)	106 (62.0)		20 (48.8)	112 (65.9)	
	3 – 4	5 (12.5)	45 (26.3)		14 (34.1)	36 (21.2)	
	≥5	0	0		0	0	
Antihypertensive drugs	0=NO	15 (38.4)	53 (31.0)	0.2804	16 (39.0)	53 (31.2)	0.3416
	1=SI	24 (61.5)	118 (83.1)		25 (61.0)	117 (68.9)	
Drugs							
ACE-INHIBITORS		9 (22.5)	40 (23.4)	0.9040	6 (14.6)	43 (25.3)	0.1309
ATII RECEPTOR BLOCKERS		6 (15.0)	28 (16.4)	0.8302	6 (14.6)	28 (16.5)	0.7719
DIURETICS		12 (30.0)	65 (38.0)	0.3379	15 (36.6)	62 (80.5)	0.9891
CALCIUM CHANNEL BLOCKERS		6 (15.0)	24 (14.0)	0.8757	7 (17.1)	23 (15.5)	0.5673
BETA-BLOCKERS		4 (10.0)	33 (19.3)	0.1416	8 (19.5)	29 (17.1)	0,7137
ALFA-BLOCKERS		0	8 (4.7)	0.0638	1 (2.4)	7 (4.1)	0.5949
<u>PPIs</u>	2=NO	28 (70.0)	103 (61.0)	0.3345	23 (59.0)	108 (63.5)	0.5975
	1=SI	12 (30.0)	66 (39.1)		16 (41.0)	62 (36.5)	
IMATINIB DOSE	< 400	10 (25.0)	54 (31.4)	0.4085	13 (31.7)	51 (30.0)	0.8315
	≥400	30 (75.0)	117 (68.4)		28 (68.3)	119 (70.0)	

# Conclusions

Our preliminary results confirm the safety and efficacy of imatinib also in very elderly patients despite of polypharmacy

This topic is very important because life expectancy of CML patients is now approaching that of the general healthy population leading to an increasing number of elderly patients dealing with it.

No data available in literature about impact of classes of drugs and TKIs on outcome and toxicity

Ongoing analysis to evaluate impact of the other concomitant single classes of drugs on outcome, toxicity, and molecular response



*Thank you for your attention!*